

Grooming Standards

Item of Grooming (M-Men, W-Women)	Will be/have	Will not
Beards (M)		Be worn except for health reasons authorized by a commander on the advice of a medical officer.
Cosmetics (W)	Conservative and in good taste	
Hair, Overall Standard (M&W)	Clean, well groomed, and neat. If dyed, will look natural.	Contain excessive amount of grooming aids. Hair will not touch eyebrows when groomed or protrude below the front band of properly worn headgear. EXCEPTION: Hair may be visible in front of a woman's flight cap.
Hair Style (M)	A tapered appearance on both the sides and the back, both with and without headgear. A tapered appearance is one that when viewed from any angle outlines the individual's hair so that it conforms to the shape of the head curving inward toward the natural termination point. Block cut is permitted with tapered appearance.	Be worn in an extreme or fad style (such as completely shaved off) or in such a way that exceeds length or bulk standards or violates safety requirements. Will not touch the ears and only closely cut or shaved hair on the back of the neck may touch the collar. Will not exceed 1-¼ inches in bulk, regardless of length and not exceed ¼ inch at the natural termination point. Will not contain or have any visible foreign items attached to it.
Hair Style (W)	Styled to present a professional appearance. Plain and conservative pins, combs, headbands, elastic bands, and barrettes similar to the individual's hair color are permitted to keep hair in place.	Be worn in an extreme or fad style or violate safety requirements. Will not extend in length on all sides below an invisible line drawn parallel to the ground at the bottom edge of the shirt collar at the back of the neck. Will not exceed 3 inches in bulk or prevent proper wear of headgear. Will not include hair ornaments such as ribbons or jeweled pins.
Mustache (M)		Extend downward beyond the lip line of the upper lip or extend sideways beyond a vertical line drawn upward from the corner of the mouth.
Sideburns (M)	Neatly trimmed and tapered in the same manner as the haircut. Will be straight and of even width (not flared) and end in a clean-shaven horizontal line.	Extend below the lowest part of the exterior ear opening.
Nail Polish (W)	Conservative and single color	Contain any ornamentation.